## Series: "The Greatest Songs of All Time" Today: "Getting Our Head Above Water" – Psalm 42-43

	The psalmist was:  a. sick  b. poor  c. sad
	He felt like a looking for water, because he thirsted for (42:1-2).
3.	What did he do day and night? (42:3)
4.	He tried to get himself out of his sadness by remembering better (42:4): a. times b. people c. food
5.	In the verses that he repeated three times, the psalmist asked himself two to identify the reason for his sadness, and he told himself to in God. (42:5; 42:11; 43:5)
6.	In his second attempt to get out of his sadness, he remembered God in special places but the surrounding those places made him feel like he was drowning. (42:6-7).
7.	He then remembered the LORD's steadfast and tried to pray (42:8-9).
8.	Finally he stopped focusing on and started focusing on God. (43:1-3)
9.	He called God his "exceeding" (verse 43:4)
10	The psalmist also called God his salvation. What did God do to be our salvation?  a. He told us to pray and work things out ourselves.  b. He became one of us and gave his life for ours.
11.	The word in Hebrew for salvation is <i>yeshua</i> , from which we get the name